

It is for me and for all of the components of

the European karate family a great pleasure to visit,

the city of Lisbon in Portugal.



More than 40 European countries are going to meet in Lisbon around

these European Cadet and Junior Championships - as well as under 21 European Cup -

and around karate, a sport that is proving day by day not only how deep it is merged in our society but also the added value that its practice gives irrespective of age and condition.

The Karate Federation of Portugal is a very loyal and appreciated member from both the European Karate Federation and the World Karate Federation, for both qualitative and quantitative reasons. We are aware of the progress that karate has experienced in the country and how positively it has been contributing to the worldwide development of our sport.

The recent loss of the PKF President Joao Salgado is something that has tremendously hit all of us but at the same time it is a strong motivation to work for a successful event and to show Joao that this event, his event, will give us the opportunity to again honour his memory and thank him for all he did in life for Karate.

We also want to congratulate the Portuguese Federation for the commitment, professionalism and interest shown for the successful organization of these Championships, and wish that this event will serve to further promote karate

popularity and practice throughout the country.

In the name of the whole European Karate, thank you for your inestimable contribution, and be sure that we all will enjoy unforgettable days in Lisbon and Portugal.

Antonio Espinos, President of the European Karate Federation

Aula Aberta de Karate SAPO Kids

A uma semana do Campeonato Europeu que se realiza no MEO Arena, jovens conhecem a selecção nacional e treinam sob a pala do Pavilhão de Portugal

A selecção nacional de cadetes, juniores e sub21 vai ser apresentada publicamente já no próximo dia 2 de fevereiro pelas 15h, sob a pala do Pavilhão de Portugal, no Parque das Nações em Lisboa. Estes jovens atletas irão representar Portugal entre 7 e 9 de fevereiro no Campeonato da Europa que se realiza no MEO Arena.

O evento organizado pela Federação Nacional de Karate – Portugal (FNKP) em conjunto com a SAPO Kids, vai contar com uma aula aberta para jovens dos 5 aos 15 anos, praticantes ou não.

Convidam-se todos os órgãos de comunicação social a estarem presentes para conhecerem a selecção de "todos nós" e ao mesmo tempo verem o que de melhor se faz na modalidade em território nacional - Por quem? Por Portugal

*** In the finals, all the coaches must be dressed with suit and tie (male and female).