





INVITATION

IFK Romania and Club Sportiv Transilvania would like to invite you to attend on Jan 30th to Feb 1st 2014, the Kyokushin Karate IFK Romanian Winter Camp, held by Shihan Eduard Gabathuler 6 Dan. Shihan Gabathuler is founding member and member of the Tehnical Committee and Regional Representatives of the IFK Switzerland. Karate World Chamiponship Moscow May 17, 1997: award of the best chief judge. The camp is open to all (children and adults) Kyokushin Karate practitioners, regardless of organization and is also open to practitioners of other styles of Karate Full Contact. In the camp will be given exam grade up to 3 Dan (only for IFK members)

The seminar will take place in: Saliste, Sports Base, jud. Sibiu – Romania

Seminar cost: 20 euro

Accommodation: 40 euro/3 days (included breakfast, lunch, dinner)

Deadline: 23 Jan 2015!!!

Schedule:

Friday 30 Jan	Saturday 31 Jan:	Sunday 1 Feb:
$15^{00} - 20^{00}$ Training/Exam	$8^{15} - 9^{00}$ Breakfast	8 ¹⁵ – 9 ⁰⁰ Breakfast

 $20^{30} - 22^{00}$ Dinner $10^{00} - 13^{00}$ Training $10^{00} - 13^{00}$ Training

 $13^{30} - 14^{30}$ Lunch $13^{30} - 14^{30}$ Lunch

 $16^{00} - 19^{00}$ Training $16^{00} - 19^{00}$ Training

1900 - 2030 Referee Course

20³⁰ - Dinner - Savonara Party 20⁰⁰ - Dinner

Besides this program Shihan will set night sessions training !!!

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www.cs-transilvania.ro www.ifk-kyokushin.ro www.ifk-kyokushin.com

WINTER CAMP / KUMITE SESSION

Miercuri, 28 Ianuarie 2015 11:22