

□ Karate-Do Indo-Ryu Association is a non-profit, non commercial reputed registered body having its branches all over India and various other countries as well.



This association is affiliated with various other international bodies outside India. We have been successful in establishing our branches in various countries, which includes India, USA, Australia, Kuwait, Saudi, Pakistan and Philippines. We are looking forward to strengthen our association by increasing the representatives in unrepresented areas i.e. Domestic as well as at International level.

Our aim is not only the promotion of Martial Arts as a means of self defense but also to promote it as a way of life for self defense, physical fitness & self confidence. Our aim is to develop healthy bodies with healthy minds, so that our students can become not only good martial artists but better human beings also. We teach them not only how to fight against opponents but we also prepare them against difficult situations and times. Our students excel not only in Martial Arts but other sports as well. It helps building power, stamina and concentration, what a true Martial Arts should give.

Sensei R. P. Singh

(Black Belt Go-Dan)

President - Cum - Chief Technical Director

Karate-Do Indo-Ryu Association International Indo - Ryu System introduced by Sensei R. P. Singh popularly known as "Sensei Singh"

Indo - Ryu literally means Indian School, thus Karate - Do Indo - Ryu means "Way of the Bare Hand of Indian School". In our school we not only teach the martial art to the students but we build the characters.

We train the students not only for self defense but for the real time situation as well. Indo - Ryu system is based on utilizing more out of what one has. i.e. making every part of the body as the

means of weapon and shield.

We have also introduced a new system in sparring in which every type of strikes with hands and foot are allowed in full contact . i.e. Uraken, Heito-uchi, Shuto-uchi, Tettsui-Uchi, Empi-Uchi, Jumping kicks, Sweeps etc. are allowed in championships. We have introduced three forms of KUMITE (Sparring) :-1. TE KUMITE : Hand Work Only - Arena of 3mtrs. x 3mtrs. (Round)
2. ASHI KUMITE : Foot Work Only - Arena of 3mtrs. x 3mtrs. (Round)
3. ASHI-TE KUMITE : Free Sparring - Arena of 8mtrs. x 8mtrs. By this we never mean that we are not familiar with the present full contact and semi contact types. We are not ignoring those styles but adding Indo - Ryu with it. Thus we conduct championships in which these systems of full contact and semi contact was followed and also the third system called Indo - Ryu is also conducted.

Our Association is not a Style based body hence any individual/style/martial artist can affiliate with us. Our affiliates will be given License / Certificate which will authorise the holder for teaching the said martial arts and the permission of the conduct of Grading exams and Championship will also be given after fulfilling the terms.

■ **Full Membership** They will be our full fledged members. And act as or Affiliated Representatives of the unit/

- Can conduct grading exams, can organise championships (only after getting approval from unit/state/region)
 - Strictly they cannot participate in any other championships without the prior permission of the president of KIAI
 - Students/members will get concession in fees, once graded under KIAI will be direct members/student
2. Associate Membership :• They will not be our Affiliated Representatives of any unit/state/region etc.
- Cannot conduct grading or cannot conduct championships in the name of KIAI.
 - They will only support us from outside, by participating in our championships.
 - Students/members will also get concession in fees.
 - They are free from any bindings as for our regular members.

Attachments/Documents
~~Documents~~ Graded Certificates of your style/degree etc.

3 passport size photographs

Newspaper cutting (if any) during the events organised by you.

For more information mail us at : karatedo @ karatedoindoryu.com

Karate-Do Indo-Ryu Association International

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