



The European Karate community feels extremely satisfied to visit Limassol and Cyprus for these 43rd European Junior &

Cadet and 8th U21 Championships.

We also take this opportunity to recognize the work developed by the Cyprus Karate Federation during so many years. It is a small Federation in size, but a good example on how a small Federation in size can work with efficiency and make an outstanding contribution to the European Karate. It has always been a pleasure to work with the Cyprus Karate Federation, who also has always made things easy inside a positive atmosphere of support and collaboration.

The celebration of this event in Limassol is something well deserved by the Cyprus Karate Federation and we are fully confident that these 43rd European Junior & Cadet and 8th U21 Championships are going to be a new success of our sport in the European Continent, a new success of the European Karate Federation thanks to the significant contribution of the Cyprus Karate.

Federation. Antonio Espinos EKF President

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OFICIALI:
OCTAVIAN AMZULESCU – SEF DELEGATIE
BOGZA CRISTIAN – VICEPRESEDINTE FR KARATE
GHINEA ADRIAN – DIRECTOR SPORTIV FR KARATE
BOGZA IOANA – ARBITRU EKF
BALOI LEONARD – ARBITRU EKF

Antrenor de lot : lancu Traian

Sportivi : **SPORTIVI CADETI:** --52 KG - GHINEA ANDREI ( C SPORTUL STUDENTESC ) - -63 KG SLABU GEORGE (CSA STEAUA BUCURESTI) - -70 KG - BRATAN VLAD ( CS PAM PHIL CENTER BOTOSANI ) - + 70 KG – CRISAN ADONIS (CSC ORADEA) **SPORTIVI JUNIORI :** -- 59 KG – ANDRONACHE BIANCA (CS PAM PHIL CENTER BOTOSANI) - + 59 KG – TEODORESCU DANA (CSA STEAUA BUCURESTI) --55 KG - PAMFIL VLAD (CS PAM PHIL CENTER BOTOSANI) --61 KG – LAMBREA ANDREI ( CS CONTACT BUCURESTI ) --68 KG – NEAGA STEFAN (CS PETROM FLACARA MORENI) --76 KG - MARIN CRISTIAN (CS SCORPION) **SPORTIVI U21:** - KATA MASCULIN - SANDU ALEXANDRU ( CS DINAMO BUCURESTI ) -- 55 KG PARAU LORENA (CSA STEAUA BUCURESTI) --60 KG - GOGOLOSI BOGDAN ( CS CHIMIA RM VALCEA )

- --67 KG BARBU IRINEL ( CS OTOPENI )
- --84 KG MIHALACHE CRISTIAN (CS SCORPION)

**U** Uram SUCCES sportivilor romani !

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Located in the eastern Mediterranean Sea, Cyprus is a veritable crossroad of three continents. Cyprus is the third largest island in the Mediterranean sea. Surface Area: 9.251 km2 Population: 802. 500 (End 2002) Language: Greek is the official language. English iswidely spoken. Capital: Nicosia Climate: Mild; Mediterranean with hot, dry summers and cool winters. Time Zone: GMT +02:00

Electric Current: 240V/50HzThe supply in Cyprus is 240 volts / 50Hz. Sockets are usually 13 amps, square pin in most buildings.

More than one low current rating appliance may be operated from the same supply point, by using an adaptor (i.e. radios, electric clocks etc.).

The use of adaptors for operating high current rating appliances is not recommended (i.e. electric heaters, toasters, irons etc.).

Many hotels provide adaptors upon request from the Reception. Adaptors can be

purchased from electricians, supermarkets, grocery shops, etc.

Sport Centre "Spyros Kyprianou Athletic Center"Categories

## IMPORTANT INFORMATION

The age limit of competitors for the corresponding category will be the first day of competition. This means competitors must have the relevant age by 5th of February 2016.

Under 21 Cadets Juniors Individual Kata (age 18/19/20) Individual Kata (age14/15) Individual Kata (age 16/17) Male/female Male/female Male/female Male Individual Kumite (age 18/19/20) Male Individual Kumite (age 14/15) Male Individual Kumite (age 16/17) -60 Kg. -67 Kg. -75 Kg. -84 Kg. +84 Kg. -52 Kg. -57 Kg. -63 Kg. -70 Kg. +70 Kg. -55 Kg. -61 Kg. -68 Kg. -76 Kg. +76 Kg. Female Individual Kumite (age 18/19/20) Female Individual Kumite (age 14/15) Female Individual Kumite (age 16/17) -50 Kg. -55 Kg. -61 Kg. -68 Kg. +68 Kg. -47 Kg. -54 Kg. +54 Kg. -48 Kg. -53 Kg. -59 Kg. +59 Kg. Team Kata (age 14/17) Male/female PROGRAMME **EVENT SCHEDULE** Thursday 4 February 2016 Mediterranean Hotel 09:00-16:00 Registration for delegations \* Room Ionia Hall 15:00-16:30 Referee commission meeting Room Aegean II 16:30-17:30 License renewal examination Room Aegean I 16:30-18:00 Open draw for coaches Room Ionia Hall 17:00-18:00 Medical commission meeting Room Aegean II

18:00-19:00 Anti-doping commission meeting Room Aegean II 18:30-19:30 Referees, judges & coaches meeting Room Bavaria 19:00-20:00 Technical commission meeting Room Aegean II Friday 5 February 2016 09:00-11:00 Executive committee meeting Room Aegean II \* There will be a fast lane for the NFs having made online registration, with no changes and having paid by bank transfer. For any issues with the online registration, please contact office@sportdata.org COMPETITION SCHEDULE Friday 5 February 2016 Cadets programme kata/kumite Weigh-in 09:00-09:30 Cadet male (all categories) 10:00-10:30 Cadet female (all categories) Kata individual 09:00 Cadet male/female Junior male/female -21 male/female 11:00 Repechages (kata individual) Cadet kumite eliminations 13:00 Male (-52/-57/-63 kg) 14:00 Female (-47/-54/+54 kg) 15:00 Male (-70/+70 kg) 16:00 Repechages (cadet kumite male & female) Finals 17:30 Kata individual cadet male/female & junior male 17:45 Medals award 18:00 Kata individual junior female & -21 male/female 18:15 Medals award 18:30 Male (-52/-57/-63 kg) 18:45 Medals award 19:00 Female (-47/-54/+54 kg) 19:15 Medals award 19:30 Male (-70/+70 kg) 19:40 Medals award Saturday 6 February 2016 Junior programm team kata & individual kumite Weigh-in 09:00-09:30 Junior male (all categories) 10:00-10:30 Junior female (all categories) 11:00-12:00 -21 female (all categories) 13:00-14:00 -21 male (all categories) Kata Team 09:00-10:15 Junior male/female Eliminations Junior kumit & reelpimeicnhaatgioenss 10:15 Male (-55/-61/-68 kg) 11:30 Female (-48/-53/-59 kg) 12:45 Female (+59 kg) & male (-76/+76 kg)

13:45 Repechages (Junior kumite male & female) 16:00 Opening Ceremony Finals 17:00 Male (-55/-61/-68 kg) 17:15 Medals award 17:30 Female (-48/-53/-59 kg) 17:45 Medals award 18:00 Female (+59 kg) & male (-76/+76 kg) 18:15 Medals award 18:30 Kata team junior male/female 19:00 Medals award Sunday 7 February 2016 -21 kumite programm Kumite eliminations 09:00 Female (-50/-55/-61 kg) 10:15 Male (-60/-67/-75 kg) 11:45 Female (-68/+68 kg) & male (-84 kg) 13:00 Male (+84 kg) 13:00 Repechages (-21 kumite male/female) Finals 14:30 Female (-50/-55/-61 kg) 14:50 Medals award 15:05 Male (-60/-67/-75 kg) 15:25 Medals award 15:40 Female (-68/+68 kg) 15:50 Male (-84/+84 kg) 16:05 Medals award 16:30 Closing ceremony 20:00 Farewell-Party Note: In the bouts for finals, all coaches must be dressed with suit and tie (male and female).

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